



## **Support Services**

### **ADAPTATIONS**

Should you find that you are having problems coping with things around the home we may be able to help with adaptations to make life easier. Examples of the type of adaptation considered could include - removing the bath and installing a shower, handrails, providing lever taps, or a warning system for those with hearing difficulties.

Your first point of contact if you are having problems would be an Occupational Therapist (OT) from your local Social Work Department. The OT would assess your needs and recommend the type of adaptation required. If this is of a temporary type e.g. walking aid or bath seat the Social Work Department can provide the equipment. If however, permanent adaptations are required, Castlehill would be responsible for the work, following a suitable recommendation from your Occupational Therapist, providing that we can obtain funding from Communities Scotland.

### **COMMUNITY ALARM – LIFELINE TELEPHONE**

If you might be at risk from falls or have a medical problem, disability or are otherwise vulnerable in your home, you may be considered for a 'Lifeline Alarm'. This links you to the Community Alarm Centre operated by Local Councils who could summon help quickly in any emergency.

The equipment is used through a telephone line and is loaned out from Castlehill for as long as required. The only charge you have to pay is for the use of the telephone line. NB. Tenants of sheltered housing have a similar system already in their home, through their Scheme Manager Call system.

If you wish to be considered for this service please let your Housing Officer know and we can arrange for an assessment to be carried out by the Community Alarm scheme organiser. Alternatively you can contact the Social Work Department directly.