



## About our Adaptations service

It is important before you sign for a Castlehill Property that you consider whether you will need adaptations to the property to enable you to live independently in it. Not all adaptations can be undertaken and it is vital that you carefully consider your options before you sign for a property to avoid disappointment or stress once you have your keys.

Our Adaptations Assistant can discuss possibilities but should the property need alterations for it to be suitable for your medical or mobility needs we will need a report from a registered Occupational Therapist (OT).

Your Occupational Therapist will assess what particular work would be needed to help meet your needs. Please note that Castlehill can only consider work which is recommended by your OT.

## Things to consider before you accept your offer of property

- Can you wait for the work?
- Can you manage if the work can't technically be carried out?
- Can you manage until funding is available?

## Timescales

It will take time even for high priority work to be carried out because:

1. An OT needs to visit you and this may take weeks depending on their workload.
2. After we receive the OT report Castlehill must inspect the property to make sure the work is technically possible.
3. we can then add the work to our programme.
4. This means that it will take weeks or even months from you moving in to having the work finished.

## Technical Issues

It may not be practical to carry out the work you need.

For example;

- It is unlikely Castlehill will install a level access shower in a top floor flat.
- Some doors cannot have an automatic door opener fitted.
- Most rooms can't be made wider.

## Funding

Castlehill Housing Association receive funding from the Scottish Government to carry out adaptations. We are given a fixed amount every year.

- When our funding has all been spent we operate a waiting list.
- Our waiting list is held in date order. From when we receive the OT report.
- If there is no funding left, work cannot be carried until new funding is available.
- Our funding runs out at different times every year. It depends on how many OT reports we receive and how much all the work costs.
- Your referral could be on our waiting list for many months before we can carry out the work

## Next Steps

You should consider all of these issues carefully before you accept the property. You should discuss things with your OT. There maybe freestanding temporary aids they can give you while you wait for the adaptation work.

## Who to contact?

You need to contact the relevant Occupational Therapy Team.

They will arrange to visit your property and assess what adaptations are required for your specific needs.

## Contact details for OT teams in the North East

- Aberdeen City OT Service Tel: 01224 870440 Email: [OTduty@bonaccordcare.org](mailto:OTduty@bonaccordcare.org)
- Hillylands Independent Living Centre - 2 Croft Road, Aberdeen, AB16 6RB  
Tel: 01224 666350  
The centre features a full-scale specialist kitchen bathroom, and bedroom areas to try out. Open to the public from 9am–5pm, Monday–Friday, and also offers appointments for OT assessments, including taking referrals from GPs.
- Aberdeenshire Council OT Service Tel: 03456 081206
- Moray Council OT Service Tel: 01341 563999 Email: [accesscareteam@moray.gov.uk](mailto:accesscareteam@moray.gov.uk)

Contact the Adaptations team if you have questions -  
Tel: 01224 625822 Email: [info@castlehillha.co.uk](mailto:info@castlehillha.co.uk)