

**Utilities - try not to stress about gas/electricity. Phone them if you have a prepay meter, tell them you're self isolating and we understand that they will send you 2 weeks worth of gas/electricity and if you have a smart meter - they will top it up.**

**British Gas - 0333 202 9802**

**EDF - 0333 2729684**

**EON - 0345 052 0000**

**N POWER - 0800 073 3000**

**Scottish Power - 0800 027 0072**

**SSE - 0345 026 2658**