

Scotland's Domestic Abuse and Forced Marriage Helpline

Our 24/7 Helpline is here to give initial support and information to anyone with experience of domestic abuse or forced marriage, as well as their family members, friends, colleagues, and professionals who support them. We provide a confidential, sensitive service to anyone who calls us. Our contact details are in our signature below. If someone requires to speak to us in a language other than English, we use a confidential translation service.

Local Women's Aid groups specialise in supporting women and children affected by domestic abuse, with emotional and practical support that is free, confidential, and non-judgemental. It is possible that they can offer support while a woman is still living with or in a relationship with an abusive partner.

Your local service is Grampian Women's Aid. They are available Wednesdays 9:30am-12:30pm, and other weekdays 9:30am-4pm (closed for lunch between 12:30-1:30), on 01224 593381 and at info@grampian-womens-aid.com. A woman can contact Grampian Women's Aid directly, or an involved professional like yourself can make a referral with a woman's consent.

We work in partnership with the Men's Advice Line, who give specialist advice and support for men experiencing domestic abuse. A man, or someone supporting a man, can reach the Men's Advice Line by calling our helpline number, Monday-Friday, 9am-8pm, and selecting option 2 for the men's service. There is more information about their service here: <http://www.mensadvice.org.uk/help-and-information/>.

FearFree are a domestic abuse support service for men and LGBT people, Aberdeen is one of the areas where they have remit. They can be reached on 0131 6247266 and at FearFreeInfo@sacro.org.uk, referrals can be made using this online form: <https://fearfree.scot/make-a-referral/>.

The local Housing department have a legal duty of care to provide accommodation at any time if someone becomes homeless due to domestic abuse. The numbers to call in Aberdeen are 03000 200 292 (Monday-Friday daytime) and 0800 917 6379 (24 hours).

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Phone: 0800 027 1234

Email: helpline@sdafmh.org.uk

Webchat: <https://sdafmh.org.uk/>