

# WHERE TO GET FOOD



## Where to go for food over Christmas

We don't want you to experience hunger. If you are concerned about managing during the winter months, we encourage you to reach out for support. Many food banks collaborate with local agencies and accept referrals through these organisations.

Talk to your Housing Officer and they can help you contact the professionals, though some food banks may accept a self referral.

## What to expect from a foodbank

If you are referred to a food bank, you will typically receive a three-day supply of food and additional support.

Foodbank volunteers will discuss any dietary requirements you may have and will exchange your food bank voucher for an emergency food parcel. They are also available to offer further assistance in a completely supportive and non-judgmental manner.



## OVERVIEW:

The current crisis in cost of living means that more people than ever are expected to need the services of local food banks this winter.

Local food banks may be able to provide much-needed necessities. It helps if you know how to access them and where the nearest banks are.

The Trussel Trust has information online: [where to find a foodbank](#)

[Instant neighbour](#) has information available [here](#).

[Cfine](#) has information on their food banks [here](#).

Please call your Housing Officer if you have any worries as they may be able to help you contact the agencies involved.

# WHERE TO GET FREE HOT FOOD THROUGHOUT ABERDEEN - WINTER 2025



**SOCIAL BITE** Social Bite is continuing to provide Christmas dinner for the Homeless and vulnerable. On both Christmas Eve and Christmas Day, they will be serving a two-course meal (with a vegetarian option available) and giving out presents. Meals will be available between 11am and 4pm, with the option to eat in or take away. Booking is required and can be made in person by visiting the coffee shop from mid-December.

**Instant Neighbour** 5 St Machar Drive, Aberdeen AB24 3YJ Tel: 01224 489955 Will be closed from 12pm on Tuesday 23<sup>rd</sup> December.



The food bank will reopen from 10am – 2pm on Tuesday 30<sup>th</sup> December, and then closed from 2pm until reopening properly on Monday 5<sup>th</sup> January



**Somebody Cares** Tel: 01224 460700 Email: [info@somebodycaresuk.org](mailto:info@somebodycaresuk.org) Somebody Cares are now taking request phone calls for Christmas Food parcels.



Somebody Cares close on 24 December and re-open on 3 January 2025.

**CFINE** 2-4 Poynerhook Rd, Aberdeen, AB11 5RW Tel: 01224 596156 Email: [info@cfine.org](mailto:info@cfine.org)

Open for food parcels 10am - 3pm December 22, 23, 24, 29, 30, 31, reopening Monday 5<sup>th</sup> January 2026



**Aberdeen Cyrenians** Tel: 0300 303 0903 or Email: [directaccess@weareac.org](mailto:directaccess@weareac.org) Aberdeen Cyrenians will be running every day over the festive period providing food and advice to those that are struggling or find themselves in crisis. Food provision in Direct Access Service (option 1 when you call them)



Closed 24th to 28th December 2025 inclusive.



Open Monday 29th December 2025.

Closed 30th December 2025 to 4th January 2026 inclusive.



Open Monday 5th January 2026 onwards.

**Bucksburn Foodbank** - 19 Oldmeldrum Road, Bucksburn AB21 9AD phone: 01224 467227  
Every Tuesday from 1pm - 5pm



Last day open - Tuesday 16th December 2025.



Closed for Christmas and New Year.

First day open - Tuesday 6th January 2026.



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Touch of Love - support@touchoflove.org.uk provide three days of emergency food.

**Fountain of God** - 31 Palmerston Road - 01224 483203 - daily lunch 12 - 2pm

**St Marys Cathedral** 20 Huntly Street, Aberdeen, AB10 1SH Tel: 07378 219503  
Email: standrewscommunity@cathedral-abdn.org

**Holy Family Church**, Tel: 07740618262

**Lighthouse**, Tel: 07851259998 Open Mondays 1pm to 2:30pm Christmas Times:  
Closed on Monday 30th December. Reopens Monday 6th January.

**Mamacita Foundation**, info@mamacitafoundationuk.com

In addition to usual foodbank openings, will be offering walk-in food bank sessions on Christmas Eve and New Year's Eve for people to come and collect the food they need for Christmas or the New Year.

**Mastrick Community Centre** Tel: 01224 788288 Tuesdays 9am-3pm

**Northfield Community Centre**, Tuesdays from 6pm-7.30pm and Thursdays from 10am to 2pm  
Christmas Times: Tue 17th Dec 6 - 7pm Thu 19th Dec 10 till 2pm Mon 23rd Dec 12 - 2.30pm

Outreach, Monday to Friday 10am to 3pm

**Powis Community Centre**, 01224 483203, Monday to Friday 11am to 2pm  
Christmas Times: From 23 December to 6 January times may vary , contact to confirm times.

Salem Family, Tel: 01224 874158 Fridays from 12-1.30pm and Sundays from 12.30-1.30pm

Aberdeenshire foodbanks

**Aberdeen North Foodbanks** opening hours are available here open 12-1pm Monday and Friday  
last day opening 19<sup>th</sup> until 5<sup>th</sup> January.

Moray foodbank info

Aberdeen South Foodbanks info is here Open Thursdays 1pm - 3pm

Frogall Community Centre, Tel: 01224 346452 12pm-2pm Monday to Friday

